

# The Everyday Playroom

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Play doesn't need to be elaborate to be meaningful. Some of the richest learning happens through simple, everyday moments.

Keep this guide nearby for busy days, low-energy afternoons or when you just need a little inspiration

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## 3 SIMPLE PLAY IDEAS THAT YOU CAN START TODAY

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### 01. Build with Everyday Materials

Gather what you already have:

- Cardboard Boxes
- Paper cups
- Empty containers
- Wooden Spoons
- Recyclables

Build towers, bridges, houses or even an entire city

★ Let them lead. The magic happens when play is open ended

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### 02. Explore Loose Parts

Try including:

- Buttons
- Pebbles
- Shells
- Bottle Caps
- Fabric Scraps

★ Rotate materials occasionally to keep interest alive

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### 03. Create with Simple Art Invitations

All you need:

- Paper
- Crayons, Textas or Paint

★ Remember: it's about the process, not the product